



The Pony Express



Breaking Free TRC Newsletter

2015 Spring

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YOU, YOU, YOU, and YOU

As we look forward to a new season, we can't help but look back at how far we have come in a few short years and we could not have done any of it without YOU.

YOU our sponsors who donate money every year to various fundraisers or calls for support on special projects. Your generosity to our cause has allowed programs to be added to expand the centers reach.

YOU our volunteers who in this crazy busy world set aside an entire evening every week to help lead horses, talk to riders, or just muck out stalls. We have made friendships with you which we hope will last a lifetime.

YOU our rider's parents who without fail, bring your rider to their weekly lesson. No matter how hectic your day or how much you have to get done at home, you put your riders first. Your love and strength do not go unnoticed and we thank you for sharing your riders with us so that we can share this experience with them.



YOU our riders whose smiles and determination challenge us to do our best to help you reach your goals. Your smiles and laughter turn into our joy. When you reach your goals we celebrate with you and if you miss them we search ourselves to see how to better help you archive what you want. You are the reason we do what we do and we will continue to strive toward what you need us to be.



PROPERTY DONATION

Breaking Free is excited to announce that we are now property owners. Nine acres of land was donated by Bryan and Linda Lake to Breaking Free TRC on which to build a new indoor arena. We are currently in the planning process for this project that will serve riders for years to come. You will be able to check the website for updates as they become available.

2781 N Moose Eye Rd Norwich, OH



If you, your business, group, or club would like to donate towards this project please contact us. Your contribution will not only enhance the current programs we can offer to riders but will be a lasting legacy that will serve this area for years to come.

LINDA'S LINES

With so many things happening at the center this season, where do I even begin! The therapeutic riding program is well underway with riders enjoying each week of riding and bonding with their special horses. We are five weeks into the season and already I am hearing from parents about how much equine therapy is helping their child.

Riders from Avondale are having a great time learning not only how to better communicate with their equine partners but with each other as well.

The Veteran's Horses for Heroes program kicked off May 18 with our first horse clinic. The participants enjoyed themselves and are looking forward to the next session with their equine partners.

I would like to personally thank each of our volunteers who have been faithfully coming each week to ensure that every rider receives the most of their riding lesson.

Now that Breaking Free owns property, we are in the first phase of the capital campaign, raising awareness of just how important equine therapy is to so many individuals. We hope to bring onboard supporters that can assist in our building the indoor arena that will help the center continue to grow and expand into more areas that will help change people's lives for the better. We welcome any input on this uncharted territory that we are about to enter.

Thank you and God Bless,
Linda Lake, Executive Center Director





GOLF SCRAMBLE - Sign up now for the annual golf outing to be held this year on September 19 at 8:30am. It will again be held at Vista Golf in Nashport. For your \$60 entry fee you will receive:

- 18 holes of golf with cart
 - Games, Skins, Mulligans
 - Lunch and Refreshments
 - Chance to bid on silent auction items
 - Chance at Door prizes
 - Opportunity to enter the 50/50 Raffle
- Great fun with friends while supporting youth riders in your community

Would you like to support the outing, but golfing is not your thing? No problem! We are in need of the following to help make this day a success:

- **Hole Sponsors** - Your name will be listed on our sponsor board at the center, on a hole sign at the golf course, and in our quarterly newsletter. Your donation is tax exempt and the office will forward you a donation receipt for your gift.
- **Item Sponsors** - Door prizes and silent auction. Every player has been able to leave our past three outings with a door prize thanks to your generosity. Please consider donating items or gift cards.

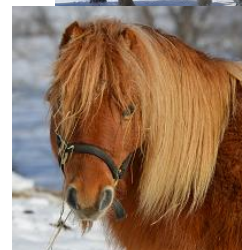
Volunteers!!! Why not get a few of your fellow volunteers together for a team? You make a great team in the arena so certainly you will make a good team out on the golf course. And if not at least you will have a lot of FUN.

Center Announcements

Congratulations to Lori Prater the winner in our Quilt Raffle drawing. Thank you to everyone who purchased a drawing ticket. All the money from this fundraiser goes towards the new Veteran's Horses for Heroes program. This program is being offered free of charge this year to Veterans because of your generous support.



THANK YOU to all of the volunteer teams who came out and braved the cold weather, icy terrain, and frozen water buckets all winter to feed the horses. We could not have done it without you!
Rhonda Radabaugh & Debbie Murphy
Meg Shaw & Ann Marie Pieczynski



Shanna Birch & Erica Brooks
Katie Donovan & Courtney Blainey
Lynne Kugler & Cheryl, Jim, Jacob Hampton
Laurie & Terry Bitecofer
Ray & Phyllis Meyer

Rider Highlight – Brittani

Brittani has been riding with Breaking Free since 2013 and although she loves riding her favorite horse Bella, she never shies away from the challenge of a new horse or skill.

She is always excited to ride and always has a question as she wants to learn as much as she can about riding and caring for horses. She has been a joy to teach and we enjoy her enthusiasm for all things horse.



Volunteer Highlight – Lynne

You may not have met her, but she is always busy behind the scenes making sure the horses are taken care of and ready for lessons. With her experience at a Florida therapeutic riding center and past certification with CHA, Lynne has been a huge asset to our program with ideas and willingness.

Lynne joined Breaking Free in 2012 and is our current Barn and Equine Manager. From worming to saddle fitting she is on top of every aspect of our equines well being.



Equine Highlight – Knight

Knight joined our herd last year as a 11 year old Haflinger gelding on loan from a volunteer. His wide stocky build has been useful in carrying older riders. He is a horse who is not afraid to share his opinion but settles down to the task at hand when lessons start. Whether in his Australian saddle or bareback pad his easy willingness offers an enjoyable ride.



Calendar Dates to Remember

Session 1 April 21-May 28

Session 2 May 2-July 9

July 14 - 16 Break for Lessons

July 16 - MVESC Day Camp

Session 3 July 21-August 27

Session 4 September 1-October 8

September 19 Annual Golf Outing Fundraiser

October 18 Horse Show & Volunteer Recognition Day

Session Hours

Tuesdays 5:45-8:00pm Therapeutic Riding

Wednesdays 5:45-8:00pm Beginner Lessons

Thursdays 5:45-8:00pm Therapeutic Riding



**Hey! Remember to
check the website
and Facebook often
for updates.**